

PROZERO™

Chocolate flavour



'CHOCOLATE' ICE LOLLIES

RECIPES FOR THOSE WITH KIDNEY DISEASE



Enhancing Lives Together
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'CHOCOLATE' ICE LOLLIES

PREPARATION
TIME:

10
minutes

FREEZING
TIME:

overnight

RECIPE
MAKES:

2
portions

INGREDIENTS

250ml ProZero™ Chocolate flavour, chilled

You will need ice lolly moulds.

METHOD

1. Pour the ProZero Chocolate flavour into ice lolly moulds and freeze overnight.

NUTRITIONAL INFORMATION

Nutrient		per portion	per 100g
Calories	kcal	88	70
Protein	g	0	0
Sodium	mg/mmol	22.5 / 1.0	18 / 0.8
Potassium	mg/mmol	21.3 / 0.5	17 / 0.4
Phosphorus	mg/mmol	6.3 / 0.2	5.0 / 0.2
Calcium	mg/mmol	7.5 / 0.2	6.0 / 0.2

DIETITIAN'S NOTES

Always check with your dietitian or doctor that this recipe is suitable for you.

ProZero Chocolate flavour is a Food for Special Medical Purposes and must be used under medical supervision. ProZero Chocolate flavour is suitable from 3 years of age onwards and must only be given to patients with inborn errors of protein metabolism or kidney disease under strict medical supervision. ProZero Chocolate flavour contains **milk** products.

Refer to labels for allergen and other product information.

This recipe has been specifically designed for the dietary management of kidney disease and has been analysed using Nutrimen dietary analysis software.



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